

# For professional scar therapy





# The impact of abnormal scarring

For patients, scars are among the most common and **frustrating** results after a skin injury¹ (i.e. surgery, accident, disease) and can have a **physical** as well as a **psychological impact**.²

## They often cause:

- Severe itching, tenderness and pain
- Disruption of daily activities
- Sleep disturbance, anxiety, depression
- Post-traumatic stress reactions
- Loss of self-esteem, stigmatization
- Diminished quality of life

Psychological effects of scarring are not related to the severity of the scar<sup>3</sup>

# **Current scar therapy options**

**Invasive** scar therapy options can be painful and include surgery, steroid injections, cryotherapy, laser and other energy-based devices.

Majority of **non-invasive** options have poor evidence or a placebo effect. They include massage therapy and a large number of different cosmetic creams, oils and lotion.<sup>2</sup>

Invasive	Non-invasive	Other treatments (no medical evidence of efficacy)
Surgery	Self-drying silicone gels (e.g. StrataTriz)	Topical vitamin E cream (and other moisturizers)
Steroid injections	Silicone gel sheeting	Plant extract creams
Radiation therapy	Pressure garments	Oils and lotions
Cryotherapy	Topical steroids	Traditional remedies (bees wax, animal fats)
Laser therapy	Silicone based creams and oils	Camouflage and make-up
Dermabrasion	Massage therapy, water pressure therapy	No treatment

Silicone gel is the only non-invasive option for which evidence-based recommendations have been made.4



# **StrataTriz - first-line scar therapy**

Silicone gels (StrataTriz) are recommended as the **gold standard**, **first-line**, **non-invasive therapy** for the management and treatment of abnormal scars.<sup>5,6</sup>

StrataTriz is a gel that dries to form a Silicone Gel Sheet (SGS) with **once per day application.**\*

## StrataTriz indications

StrataTriz is intended to be used under the direction of healthcare practitioners in the management of scars. StrataTriz is indicated for the use on all types of scars including those resulting from:

- Surgery
- Trauma
- Chronic wounds

- BurnsBites
- Acne and other diseases of the skin.

# Why is StrataTriz an innovative product?

StrataTriz is a transparent gel formulation for the management of scars, both old and new.



## FILM-FORMING, FLEXIBLE, FULL CONTACT

StrataTriz dries to form a thin, transparent and durable protective film that ensures constant contact with the scar (24 hours a day/7 days a week).



## **ABNORMAL SCAR MANAGEMENT**

StrataTriz helps to normalize the collagen synthesis cycle, producing a normal mature scar.



## **SOFTENS AND FLATTENS**

StrataTriz softens and flattens raised scars.



#### SYMPTOMATIC RELIEF

StrataTriz relieves itching and discomfort of scars.



## **REDUCES REDNESS AND DISCOLORATION**

StrataTriz reduces redness and discoloration associated with scars.



#### **EASY TO USE**

StrataTriz is applied once daily\*. StrataTriz is suitable for all areas of the skin, including exposed areas like the face and neck as well as joints and hairy areas without the need for shaving.



## NON-REACTIVE

StrataTriz is inert, has no measurable pH, and contains no alcohol, parabens or fragrances, making it suitable for children, pregnant women, breastfeeding mothers and people with sensitive skin.



#### COMPATIBLE

Once dry, StrataTriz can be covered by sunscreen, cosmetics, pressure garments or casts.

## Mode of action



**Hydration:** StrataTriz is gas permeable and waterproof, which allows the skin to breathe and remain hydrated. StrataTriz restores the barrier function of the stratum corneum and reduces Trans-Epidermal Water Loss (TEWL). Better hydration helps to achieve a softer, smoother and flatter scar.<sup>5</sup>



**Protection:** StrataTriz forms a durable, flexible and waterproof sheet. It does not penetrate the epidermis or dermis. That Triz protects the scarred site from microbial and chemical invasion. The protected environment helps to normalize the level of collagen production.



**Modulation:** Abnormal scar formation is associated with an abnormal proliferation of fibroblasts. It is suggested that silicone gel (like StrataTriz) treats and prevents hypertrophic scar tissue, which contains histologically normal fibroblasts, by modulating expression of growth factors such as bFGF. Correcting a deficiency or overabundance of growth factors that orchestrate the tissue repair process has a favorable influence on wound healing and scar formation.<sup>8</sup>

 ${}^{\star}{}$ Please refer to the Patient Information Leaflet (PIL).

# StrataTriz - proven clinical efficacy\*

A 153-pediatric patient study conducted in Australia investigated the efficacy of StrataTriz versus pressure garment and combined therapy for the treatment of post-burn injury scars.9

Wiseman, J., et al. (2019). 'Effectiveness of topical silicone gel and pressure garment therapy for burn scar prevention and management in children: a randomized controlled trial', *Clinical Rehabilitation*, doi: 10.1177/0269215519877516.



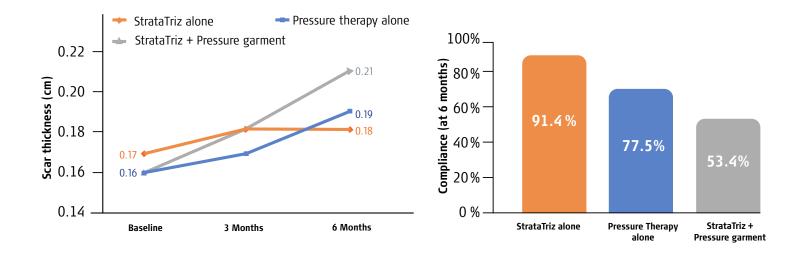
n=51 in the StrataTriz group



n=49 in the pressure garment therapy group



n=53 in the combined intervention group



StrataTriz and pressure garments were confirmed, with statistical significance, to have the same clinical efficacy in the prevention and treatment of post-burn scar.<sup>9</sup>

StrataTriz has less adverse effects, easier to use and has better patient compliance compared to pressure garments.9

At 6 months, caregivers and observers using StrataTriz alone, reported **better patient compliance**, **improving overall scar appearance and health-related Quality Of Life** compared to pressure garment alone and combined group.<sup>9</sup>

StrataTriz was reported **easier to use** compared to pressure garment therapy alone or combined therapy, where reduced intervention adherence and satisfaction were reported.<sup>9</sup>

**Less adverse effects** such as skin irritation or wound breakdown were observed in the StrataTriz group compared to pressure garment group.<sup>9</sup>

## Clinical results\* with StrataTriz

## Widespread hypertrophic scar after deep thermal contact burn - face10

Age of scar before treatment: 2 months. Age of patient: 6 months old



After 1 month of treatment with StrataTriz, a reduction of pruritus, edema and erythema was observed. The color of the scar was lighter, its surface was smoother.

After 5 months of scar treatment (8 months post-trauma), the post-burn erythema had completely resolved, and the scars were smaller and softer. An important reduction of the deformation of the right side of the top lip was also visible.

## Linear hypertrophic scar after nevus extraction - chest<sup>11</sup>

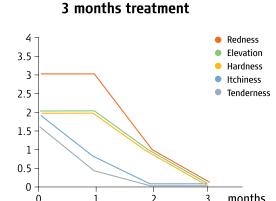
Age of scars before treatment: 14 months Left scar remained untreated, right scar treated for 2 months



# Redness Elevation Hardness Itchiness Tenderness

# **Linear hypertrophic scar – head**<sup>11</sup> Age of scar before treatment: 2 weeks





<sup>\*</sup>The publications and case series shown here may be with products under different Stratpharma brand names in different countries (such as Strataderm). All cases are treated with the StrataTriz product as it is known in the USA.

# Dosage and administration

StrataTriz gel is an advanced formulation that requires **substantially less product** per application than typical creams or gels.

StrataTriz 0.7 oz (20 g) is enough to treat an area of  $5 \times 5$  inch (12  $\times$  12 cm) twice per day for 30 days.

# How supplied

StrataTriz 0.70 oz (20g) tube (73661-424-20)

## Directions for use



1. Ensure that the scar is clean and dry.



 Apply a very thin layer of StrataTriz to the scar and alllow to dry. When applied correctly, StrataTriz should be dry in 3-4 minutes.



3. If it takes longer to dry you have probably applied too much. Gently remove the excess with a tissue and allow the drying process to continue.



4. Once dry, StrataTriz can be covered by sunscreen, cosmetics, pressure garments or casts.

## Additional directions

- StrataTriz should be applied **once daily**, or twice daily to exposed areas or as required to maintain contact with the affected surface.
- For best results StrataTriz should be maintained in **continuous contact** with the skin (24 hours a day/7 days a week).
- StrataTriz is recommended as **minimum treatment of 60-90 days**. Larger and older scars may take longer. Continued use is recommended until no further improvement is seen.
- StrataTriz does not need to be rubbed in or massaged, as it does not penetrate below the level
  of stratum corneum and will not enhance its effect.
- If not completely dry, StrataTriz may stain clothing. Normal washing will not remove the product from the clothes. If staining occurs, dry cleaning should be able to remove it without any damaging of the fabric.



# StrataTriz and other products

StrataTriz **should not be applied over topical medications** unless advised by the physician.

StrataTriz can be used in conjunction with other invasive scar management options to improve overall results, including surgical excision and resuturing, intralesional injections and pressure garments.

#### **IMPORTANT**

Due to StrataTriz's semi-permeable nature:

- StrataTriz may enhance the effect of an active ingredient if StrataTriz is applied over the active ingredient.
- StrataTriz may prevent or reduce absorption of active ingredients if they are applied over StrataTriz.

# Additional prescribing information

**Therapeutic group:** transparent gel formulation for the management of scars, both old and new.

**Pharmaceutical form:** transparent gel formulation.

**Description:** When used as directed StrataTriz dries to form a protective layer that is gas permeable and waterproof which hydrates and protects scars from chemical and microbial invasion, allowing scars to normalize the collagen synthesis cycles, producing a normal mature scar.

**Warnings:** For external use only. StrataTriz should not be applied on third degree burns or to open wounds. StrataTriz should not be placed in contact with mucous membranes or the eyes. StrataTriz should not be applied over topical medications unless advised by your physician. StrataTriz may stain clothing if not completely dry. If staining occurs, dry cleaning should be able to remove it without damaging the fabric. For correct storage please reclose the tube tightly with the cap. If irritation occurs, discontinue use and consult your physician. Keep out of the reach of children. Do not use after the expiration (EXP) date printed on the tube. The expiration (EXP) date does not change once the tube has been opened. Do not use if the tube is damaged.

**Contraindications:** Do not administer to patients with known hypersensitivity to the ingredients of this product.

**Side effects:** At the time of producing this material, no adverse effects have been reported with the use of StrataTriz.

**Drug interactions:** None known.

**Use in specific populations:** No specific population restrictions, StrataTriz is suitable to use on infants, children, people with sensitive skin, during pregnancy and whilst breastfeeding.

**Storage:** Store at room temperature, out of direct sunlight.



R<sub>x</sub> Only

For topical use only 73661-424-20

## For professional scar therapy

#### StrataTriz:

- Is indicated for the use on all types of scars including those resulting from: general and cosmetic surgery, trauma, chronic wounds, burns, bites, acne, and other diseases of the skin
- Easy to apply once daily\*
- Softens and flattens raised scars
- · Relieves the itching and discomfort of scars
- Reduces redness and discoloration associated with scars



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#### us.stratatriz.com

\*Please refer to the Patient Information Leaflet (PIL).

**Ingredients**: Polydimethylsiloxane, hydroxylsiloxane and alkyl siloxane resin.

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